

Also of Interest

Centering Prayer

Join us in the Cenacle on Wednesdays at 1:00 p.m. and/or on Zoom every Monday at 3:00 pm.

For more information, please contact: Mari-
anne Metzner: mariannemetznerlpc@gmail.com

Senior Ministry Bible Study Groups

**Breaking Open The Word Group – Dis-
cusses Sunday Readings.** Meets weekly,
via ZOOM, on Tuesdays resuming September
9th, 1 p.m.

Senior Ministry Board Members:

Cathi Brown
Al & Mary Chambers
Mary Gail Hein
Laurie Metzler
Paul Root
Doris & David Sykora
Van Willey

A Blessing for Old Age

May the light of your soul mind you

May all your worry and anxiousness
about becoming old be transfigured.

May you be given a wisdom with the
eye of the soul to see this beautiful
time of harvesting.

May you have the commitment to
harvest your life, to heal what has hurt
you, to allow it to come closer to you
and to become one with you.

May you have great dignity
May you have a sense of how free you
are

And above all may you be given the
wonderful gift of meeting the eternal
light and the beauty that is within you.

May you be blessed, and may you find
a wonderful love in yourself for your-
self.

From *Anam Cara: A Book of Celtic Wisdom* by John O'Donohue

Rev. Patrick Coakley, MSC—Pastor
Marti Salas—Pastoral Associate
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St. Catherine of Siena

Act Justly, Love
Tenderly, Walk Humbly



September—December
2025

www.stcatherine-austin.org/senior-ministry

Calendar of Events

September

Sept 11 - Be a "Pilgrim of Hope" –Join us at Senior Ministries first presentation of our 2025 fall semester. Betty Flores and St. Christopher Epsicopal Deacon Victoria Mason will share with us the incredible Civil rights Pilgrimage to the deep south that they participated in last spring. Listen to their experiences and in solidarity walk spiritually with them.

Sept 25 - Fr Lou and the Church - Listen as Fr. Lou Brusatti shares with us what Pope Leo has been doing this summer. Also, he will break open the Nicene Creed, one of the oldest faith statements of our church.

October

Oct 9 - Making Austin Green - What you can do – Mary Priddy, who works for the city of Austin Office of Climate Action and Resilience, will speak about sustainable efforts in our changing world. These efforts include what is happening in our area and what you can do to help. Lots of great giveaways from the city!

Oct 23 - Fr Lou and the Church - Fr. Lou Brusatti's series continues with the activities of Pope Leo and further discussion of the Nicene Creed.

Our Mission

St. Catherine Senior Ministry is dedicated to enhancing the lives of seniors by providing meaningful and interactive spiritual, social, educational, outreach and inter-generational experiences that allow seniors to prosper and grow in union with God.

Our Beliefs

Seniors are vital members of our parish family

Seniors are supported and encouraged on their spiritual journey within our parish family

Seniors have many gifts, talents and life experiences to offer our parish family

Seniors provide new perspectives, wisdom and purpose to all parish members and areas of parish life.

Our Goals

To foster community

To encourage spiritual growth

To broaden intellectual horizons

To provide opportunities to be involved in parish outreach ministries

November

Nov 6 - Relating to the Jewish Community – Rabbi Anna Beroli will return to speak to us. She will speak about interfaith dialogue that includes the 60th anniversary of Nostra Aetate, a Vatican II declaration on the relationship with the Jewish community and the Catholic church. She may also speak about Jewish religious holiday traditions.

Nov 20 - Fr Lou and the Church – Fr. Lou will share with us the Tenets of Catholic Social Teaching.

December

Dec 4 - Advent Day of Prayer – More information to come

Dec 18 - Christmas Brunch Celebration with Fr. Lou

For more information or to get on our mailing list Please contact Jennifer Gamblin in the church office

Jennifer.gamblin@stcatherine-austin.org

512-892-2420 x-322

These events are open to all ages!